

Rx News Bulletin

Bureau of
Narcotics & Dangerous Drugs

Missouri Department of Health and Senior Services

<http://health.mo.gov/safety/bnnd>

Reminders on New 7-Day Opioid Prescription Law:

The BNDD continues to receive telephone calls from prescribers and pharmacies regarding the new law on initial opioid prescriptions for the treatment of acute pain in Section 195.00.2, RSMo. The BNDD wants to point out the following reminders:

- The law applies to opioids only and no other classification of drugs such as stimulants;
- The law applies to new acute pain situations and not ongoing chronic pain that has been previously treated with the same drug;
- The law applies to acute pain, so a patient may receive more than a 7-day supply for a persistent cough.
- Initial prescription means the patient has not previously received the same drug in the past five months. If the patient just received the same drug while in a hospital, their prescription upon discharge can be for more than seven (7) days.

Check It Out

You can find educational documents on the BNDD website at <http://health.mo.gov/safety/bnnd/publications.php>. Documents such as the "CDC Opiate Prescribing Guidelines" and also "Preventing Prescription Fraud" can be viewed.

Rule Promulgation Updates:

- The emergency rule to allow certain registrants to have drop boxes for unwanted pharmaceuticals went into effect on September 27, 2018. Registrants requesting authorization for a drop box should submit a request in writing to the BNDD. This rule will undergo the final order of rulemaking during early January 2019.
- The emergency rule to allow the partial dispensing of Schedule II controlled substances went into effect on September 27, 2018. This rule will undergo the final order of rulemaking during early January 2019.
- A rule has been filed to update the list of controlled substances. The emergency rule went into effect on November 4, 2018. The rule will be filed with the Joint Committee on Administrative Rules (JCAR) in early January 2019 and then final order of rulemaking will be in February 2019.



Encourage Patients to Remove Unneeded Drugs from Homes

One of the major sources of drug diversion is taking drugs from peoples' homes. Unneeded drugs are stockpiled which creates an opportunity for abuse. The BNDD encourages all practitioners to talk to their patients about making sure their homes and children are safe by removing all unneeded medications. The BNDD's website now contains a list of pharmacies, hospitals and law enforcement agencies that have disposal boxes.

In December 2018, the JAMA Network Opening published a report that shared the following information:

- There were nearly 9,000 pediatric deaths attributed to opioids from 1999 through 2016. The mortality rate for this 18-year span has tripled.
- Millions of children and adolescents are now routinely exposed in their homes, schools and communities to these potent and addictive drugs.
- The number of children admitted to hospitals for opioid overdoses nearly doubled from 2004-2015.
- Nearly 7 percent of deaths were children ages zero to 4. 4 percent were ages 10 to 14. 1 percent were ages 5 to 9.

Your attention please!

Reminders for Resident Physicians and Graduate Medical Offices:

Due to the number of physicians in residency, the months of May, June and July are extremely busy for the bureau. The bureau wishes to remind the residents and their programs of the following tips to expedite their application and registration process:

1. All applications require a Social Security number.
2. New, first year residents should apply after June 1, to ensure they get an annual registration that expires on June 30 each year.
3. Residents in their second and third years will receive a reminder email and they may apply after May 1.
4. All resident physicians must personally submit their own applications and it cannot be delegated to another person.
5. The fastest applications are applications submitted online. Due to the volume and the mail, applications submitted in paper form may take extra weeks.
6. A program may have all their residents apply online and send in one check to cover all the applications in the program.

What's New?

Questions on Medical Marijuana?

The citizens of Missouri voted to pass **Amendment #2** regarding medical marijuana and certain functions to be carried out by the Missouri Department of Health and Senior Services. The department has developed a website at <https://health.mo.gov/safety/medical-marijuana> where people can read **Amendment #2**, and see rules that have been filed and application information. There is also a list of dates and an implementation timeline with a list of frequently asked questions (FAQs).

Emails may also be sent to MedicalMarijuanaInfo@health.mo.gov.



Questions for the BNDD?

Questions regarding controlled substance laws and regulations regarding security and record keeping and authority, may be submitted to the bureau. Questions regarding proper clinical and therapeutic information should be addressed to the appropriate licensing board.

Application & Registration Questions—Central Office Staff:

Email: BNDD@health.mo.gov

Phone: (573) 751-6321

Mail: BNDD, P.O. Box 570, Jefferson City, Missouri 65102-0570

BNDD Website: <http://health.mo.gov/safety/bndd>

Compliance Questions for Investigators:

Chief Investigator EJ Jackson—Central Office—Email: BNDD@health.mo.gov

West/Northwest District—Investigator Shane Gooden—Shane.Gooden@health.mo.gov

East/Northeast District—Investigator Jeff Prosser—Jeff.Prosser@health.mo.gov

Southeast District—Investigator Ryan Dooley—Ryan.Dooley@health.mo.gov

Southwest District—Investigator Aaron Parks—Aaron.Parks@health.mo.gov

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